

WHAT IS TELEHEALTH ?

Telehealth means providing a health service remotely using technology such as a mobile, tablet, PC or computer. We currently offer Telehealth services using ZOOM.



Telehealth Benefits

- Improved access to health care
- Reduced waiting times supporting faster diagnosis and treatment
- Reduced travel, expense and time away from home
- Proven to be just as effective as in person sessions.

FREE Troubleshooting

We can provide a free troubleshoot session over the phone, to discuss any concerns and help build your confidence with the technology and with ZOOM.

CHECKLIST Before Our Session

- OPEN Phone, Tablet, PC or LAPTOP.
- CHECK Battery, Microphone, Camera and Internet are working properly.
- SET-UP a quiet and private space (hide any washing !)
- Practice using the 'join' link or number before the session.
- TURN ON your video and microphone .
- If you are unable to connect, call your Speech Pathologist on 0403 726 535.



Our Top Tips for Telehealth

1. Be kind: Be kind to yourself as we try to navigate this new way of doing things. If you run into technical difficulties during your session, know that we can work together and learn from each session.

2. Be appointment ready: set up before your appointment, make sure others in your home are aware of your session, try not to have too many others using the internet at the same time.

3. Be adventurous: why not take this time to try something new like a video call or use the Speech app your Speech Pathologist recommends? You & your Speech Pathologist will be learning together, and we want you to succeed so are ready to help.

4. Ask for help: it's easy to give up when something is new, but ask help from family, friends or the Speech Pathologist. A phone call to talk you through the steps is easy to do.

Thank You.

We look forward to helping you.

Contact Us

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